



**WELCOME**  
 TO THE  
**PARISH**  
 OF  
**TAREE**

**Sunday Services - Taree & Old Bar**

<b>ST JOHN'S</b> <b>294 Victoria St. Taree</b>	<b>OUR LADY OF FATIMA</b> <b>18 Hall St. Old Bar</b>
<b>9am - SUNDAY</b>	<b>11am - SUNDAY</b>
<b>4pm - SUNDAY</b>	

<b>PARISH CONTACTS:</b>		
<b>MINISTRY TEAM</b>	Reverend Natalie Quince - 6552 1310-0411 763 448 <a href="mailto:prieststjohnstaree@gmail.com">prieststjohnstaree@gmail.com</a>	Fr Bill Green Fr Ivan Ransom Fr Keith Mascord
<b>WARDENS</b>	Beryl Fenwick - 0414 527 075	Colin Rose- 6552 2775
<b>PC SECRETARY</b>	Beryl Fenwick - 0414 527 075	<b>TREASURER</b>
<b>PARISH OFFICE</b>	<b>PARISH OFFICE CLOSED</b> (All General enquiries) <b>Email:</b> <a href="mailto:officestjohnstaree@gmail.com">officestjohnstaree@gmail.com</a>	
<b>HALL MANAGERS</b>	Ken Park - 0412 138 985	Bruce Walker - 0405 697 690



# Prayers

**WORLD:** People & communities affected by violence & conflict, racism & discrimination, oppression, poverty, natural disasters. Please pray for President Zelensky, the people of Ukraine, Aung San Suu Kyi & for the detained peoples of Myanmar, Lebanon, the Philippines & Papua New Guinea.

**CHURCH:** Bishop Peter, Assistant Bishops Sonia & Charlie; Allanna Ryan, Jane Dumsa, Terese Innes, Manning Valley Anglican College (NASC) - Darren Parkes, Greg Anderson; MICA Ministries - Mark Cooper; Mission to Seafarers - Garry Dodd; Parish of Newcastle St John's - Kimberly Sawyer.

Diocese of Wangaratta (Bp Clarence Bester).

The Anglican Church of Aotearoa, New Zealand and Polynesia;  
The Church of the Province of South East Asia.

**COMMUNITY:** For the homeless, and agencies supporting the vulnerable. For the victims of abuse and violence. For those affected by the impacts of floods & other challenges. The First Peoples of the Diocese especially the Awabakal, Biripi, Darkinjung, Geawegal, Kamilaroi, Worimi & Wonnarua peoples.

**THOSE IN NEED OF OUR PRAYERS:** Bill & Jill Green, Donovan, Leonie, Rose-Maree, Suzanne, Diane, Vera, Lyn, Ted Hill, Wendy McKeogh, Norrie Spicer, James, Jamison, Ian, Joan, Alex Platt & Margaret McDonald.

**PRAYERS FOR ANIVERSARIES:** Nancy O'Neill, Robert Milligan, Rita Wright, Gloreen Pilgrim, Stuart Black, Judith Jagers & Leslie Hardy.

**PRAYERS FOR DEPARTED:**

## DIARY DATES

Tues 6 <sup>th</sup> February	3.15pm	Blue Cross Leaders Meeting	BC Shop
Tues 13 <sup>th</sup> February	5.30pm	Shrove Tuesday - St Matthew's	Wingham
Wed 14 <sup>th</sup> February	10.30am + 6.00pm	Ash Wednesday	St John's
Thurs 8 <sup>th</sup> February	10.00am	Mothers Union	Latham Centre

## **FIFTH SUNDAY AFTER EPIPHANY**

### **SENTENCE:**

Those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles. Isaiah 40.31

### **PRAYER OF THE DAY:**

**Saving God, whose Son, Jesus Christ,  
healed the sick and brought them wholeness of body and mind:  
inspire us, his disciples,  
so that we may constantly proclaim his gospel by our words  
and by the dedication and integrity of our lives;  
through Jesus Christ our Lord,  
who lives and reigns with you and the Holy Spirit,  
one God, now and for ever. Amen.**

### **FIRST READING**

***Isaiah 40.21-31***

A reading from the second book of Isaiah

<sup>21</sup> Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? <sup>22</sup> It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; <sup>23</sup> who brings princes to naught, and makes the rulers of the earth as nothing. <sup>24</sup> Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. <sup>25</sup> To whom then will you compare me, or who is my equal? says the Holy One. <sup>26</sup> Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. <sup>27</sup> Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? <sup>28</sup> Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. <sup>29</sup> He gives power to the faint, and strengthens the powerless. <sup>30</sup> Even youths will faint and be weary, and the young will fall exhausted; <sup>31</sup> but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Hear the word of the Lord.

**Thanks be to God.**

## **PSALM 147.1-11**

- 1 O praise the Lord, for it is good to sing praises to our God:  
**and to praise him is joyful and right.**
- 2 The Lord is rebuilding Jerusalem:  
**he is gathering together the scattered outcasts of Israel.**
- 3 He heals the broken in spirit:  
**and binds up their wounds.**
- 4 He counts the number of the stars:  
**and calls them all by name.**
- 5 Great is our Lord, and great is his power:  
**there is no measuring his understanding.**
- 6 The Lord restores the humble:  
**but he brings down the wicked to the dust.**
- 7 O sing to the Lord a song of thanksgiving:  
**sing praises to our God upon the harp.**
- 8 He covers the heavens with cloud, and prepares rain for the earth:  
**and makes the grass to sprout upon the mountains.**
- 9 He gives the cattle their food:  
**and feeds the young ravens that call to him.**
- 10 He takes no pleasure in the strength of a horse:  
**nor does he delight in anyone's legs,**
- 11 But the Lord's delight is in those that fear him:  
**who wait in hope for his mercy.**

## **SECOND READING**

## **1 Corinthians 9.16-23**

A reading from the first book to the Corinthians

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe betide me if I do not proclaim the gospel! <sup>17</sup> For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. <sup>18</sup> What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. <sup>19</sup> For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. <sup>20</sup> To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. <sup>21</sup> To those

outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. <sup>22</sup> To the weak I became weak, so that I might win the weak. I have become all things to all people, so that I might by any means save some. <sup>23</sup> I do it all for the sake of the gospel, so that I may share in its blessings.

Hear the word of the Lord.

**Thanks be to God.**

### **GOSPEL ACCLAMATION**

Alleluia, alleluia!

The Christ took away our infirmities and bore our diseases.

Alleluia!

### **Gospel**

**Mark 1.29-39**

The Gospel of our Lord Jesus Christ according Mark  
Chapter 1 commencing at verse 29.

### **Glory to you Lord Jesus Christ**

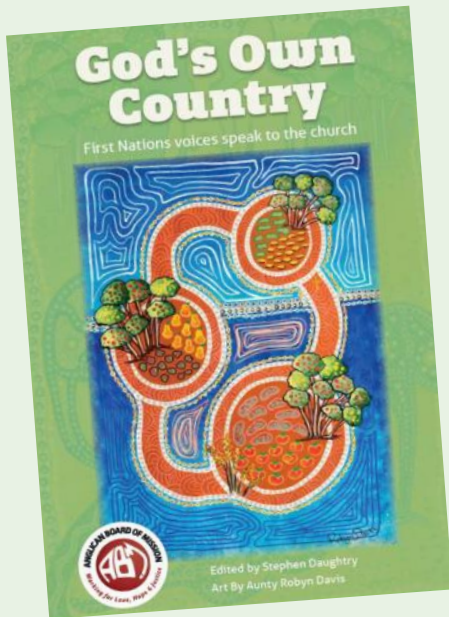
<sup>26</sup> In As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. <sup>30</sup> Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. <sup>31</sup> He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. <sup>32</sup> That evening, at sunset, they brought to him all who were sick or possessed with demons. <sup>33</sup> And the whole city was gathered around the door. <sup>34</sup> And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. <sup>35</sup> In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. <sup>36</sup> And Simon and his companions hunted for him. <sup>37</sup> When they found him, they said to him, 'Everyone is searching for you.' <sup>38</sup> He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' <sup>39</sup> And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

The Gospel of the Lord

**Praise to you Lord Jesus Christ.**

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# LENT STUDIES



## ***ABM GOD'S OWN COUNTRY***

Tuesdays 20<sup>th</sup> & 27<sup>th</sup> February,  
5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup> & 26<sup>th</sup> March

1. Home Group led by Reverend Keith  
@ 10.30am
2. Led by Reverend Keith  
Latham Centre @ 7pm

## ***VIDEO STUDY***

***By The Bridge Church, Kirribilli.***

@ 7.00pm led by Jay Quince

Wednesdays 21<sup>st</sup> & 28<sup>th</sup> February  
6<sup>th</sup>, 13<sup>th</sup>, 20<sup>th</sup> & 27<sup>th</sup> March



If you would like to attend please add your name and contact details to the list for the study you will be attending at the back of the church.

## **JESUS SHAPED LEADERS WORKSHOPS - SAVE THE DATE**

In 2024, we will be offering 5 Saturday workshops based around Spirituality. The workshops will be at Raymond Terrace. Registration will open at the beginning of February. The dates are:

- 9 March - Anglican Spirituality
- 8 June - Spiritual Conversations
- 19 October - Spiritual First Aid
- 4 May - Spiritual Discernment
- 10 August - Contemplation

Anyone who is interested in attending one, a number of, or all of these workshops please let Reverend Natalie - 0411 763 448 or Kim via Email: [officestjohnstaree@gmail.com](mailto:officestjohnstaree@gmail.com) or put your details on the sheet at the back of the church and we can arrange registration.



## Shrove Tuesday

Tuesday 13th February, 2024

St Matthew's Wingham @ 5.30pm

Please fill in form at the back of the church if you are attending and what you're bringing.



Wednesday  
Services

St John's Taree

10.30 am and 6.00pm

## Annual General Meeting

# TBA March 2024

**Please** start preparing your reports to be emailed to [officestjohnstaree@gmail.com](mailto:officestjohnstaree@gmail.com)

by 5 March 2024.

Thank You, Kim



## Build a friendship with an older person in your community



Interested in volunteering?  
Contact us today!

Offer companionship to an older person who may be isolated or lonely, and help strengthen their wellbeing by becoming a volunteer with

Wesley Aged Care Volunteer Visitors  
0429 044 149 | [visitors@wesleymission.org.au](mailto:visitors@wesleymission.org.au)  
[wesleymission.org.au/visitors](http://wesleymission.org.au/visitors)

## HOLY EUCHARIST READINGS

### SUNDAY 4<sup>th</sup> February - 5th after Epiphany

Isaiah 40. 21-31; Psalm 147. 1-11

1 Corinthians 9.16-23 ; Mark 1.29-39

### SUNDAY 11<sup>th</sup> February - 6th after Epiphany

2 Kings 5.1-14; Psalm 30

1 Corinthians 9.24-27; Mark 1.40-45

## WELCOMERS

Sunday 4 <sup>th</sup> February		Sunday 11 <sup>th</sup> February	
9am	Di Woollard Ian Woollard	9am	David Denning Bruce Walker

## READERS

Sunday 4 <sup>th</sup> February		Sunday 11 <sup>th</sup> February	
9am	Hugh McCrindle	9am	Doreen Sinclair

## MORNING TEA

Sunday 4 <sup>th</sup> February		Sunday 11 <sup>th</sup> February	
Lorraine Monck Bruce Monck		Di Woollard Ian Woollard	

## BRASS CLEANING for February

Pat Minto



## FIFTH SUNDAY AFTER EPIPHANY

Healing Hands Our hands can be used for many things, including healing and prayer. Dr Ben Carsons is a brilliant and renowned neurosurgeon with Gifted Hands, but without the love of his mother and her faith in him, his life would have been very different. Without Jesus using his hands for healing and prayer, Simon's mother-in-law and those who are sick or possessed by demons would not have been healed of the things that afflicted them. How can we use our hands to bring comfort and healing to others? How can we use our hands for prayer? In the words from Jesus' hands were kind hands by Margaret Cropper, "Take my hands, Lord Jesus, let them work for you ... till my hands are kind hands, quick to work for you."

Text: The Rev Nicole Baldwin, Cessnock Parish, Diocese of Newcastle © Anglican Board of Mission, 2024

**The Anglican Parish of Taree works to build Faith & Hope in our community despite the struggles around us. Your help to continue this work is essential so please give what you can.**

Gifts can be offered for the Parish or for Mission in 2 ways:

- ◆ Directly into the appropriate baskets before or after each service OR
- ◆ By Electronic Funds Transfer

Many People are finding that this is an easy, fuss free way to maintain their support.

Donations this way can be easily arranged by speaking to your bank directly or set it up through internet banking.

Bank: Westpac

Branch: Taree NSW

Account Name: St John's General Account

BSB: 032-587

Account Number: 120 816

Reference: Parish or Mission recipient eg: ABM

*Some give freely yet grow all the richer;  
others withhold what is due,  
and only suffer want.*

*A generous person will be enriched,  
and one who gives water will get water.*

*Proverbs 11:24-25*

**The Anglican Church of Newcastle takes allegations of misconduct and abuse seriously.**

**We welcome and encourage everyone with concerns to come forward.**

**TO REPORT A CRIME TO NSW POLICE RING 131 444 or RING 000 IN AN EMERGENCY**

**TO CONTACT CHILD PROTECTION HELPLINE RING 132 111 or**

**TO CONTACT THE PROFESSIONAL STANDARDS DIRECTOR PLEASE CALL 1800 774 945**

**WRITE: Director of Professional Standards PO Box 494, Newcastle NSW 2300**

**EMAIL: [dps@newcastleanglican.org.au](mailto:dps@newcastleanglican.org.au)**

**IF YOU NEED IMMEDIATE SUPPORT PLEASE CALL LIFELINE ON 13 11 14**

